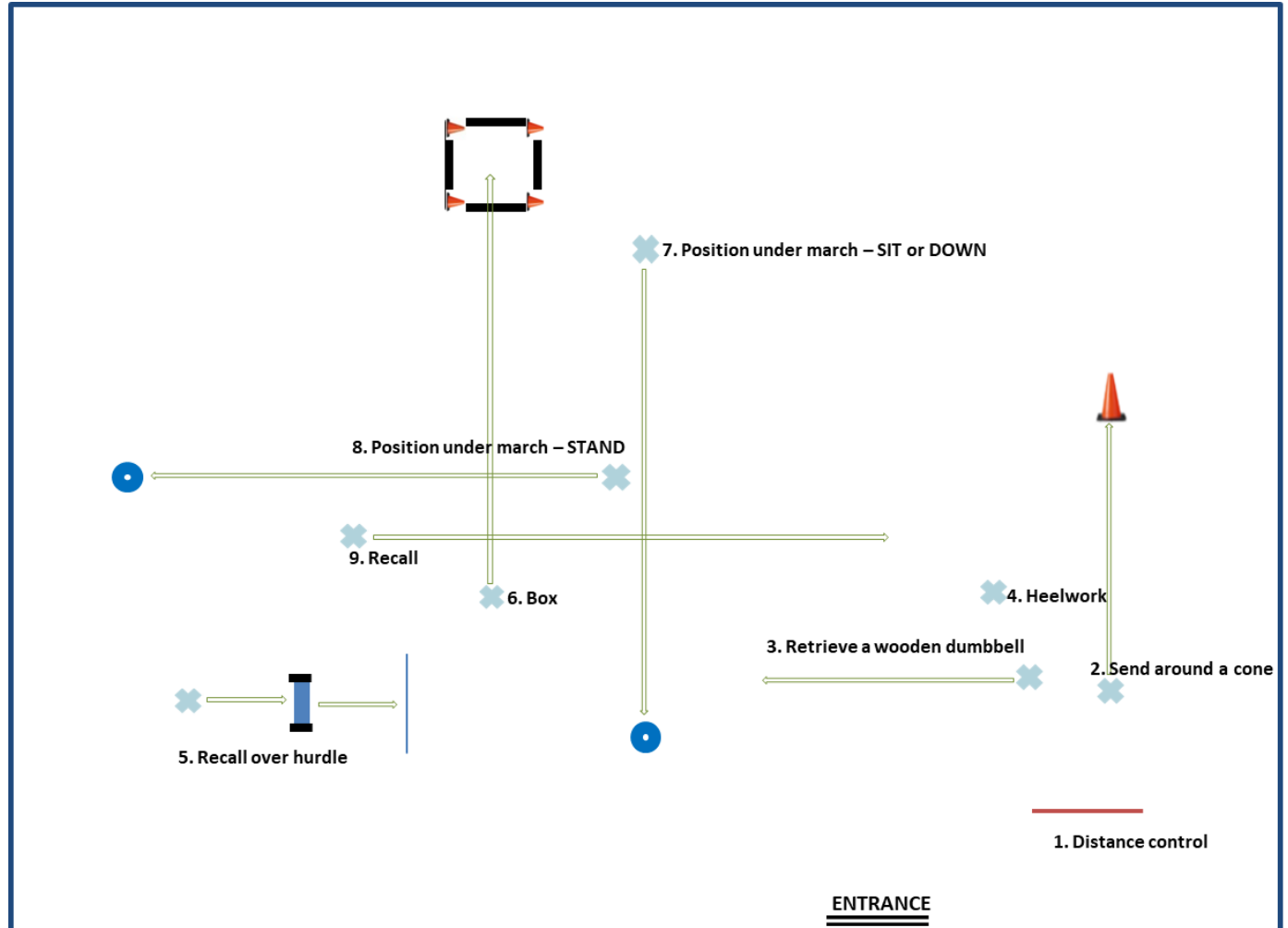


OB1 – Terrain plan Finals

Order of exercises:

1. Distance control
2. Send around a cone
3. Retrieve a wooden dumbbell
4. Heelwork
5. Recall over hurdle
6. Box
7. Position under march – SIT/DOWN
8. Position under march - STAND
9. Recall
10. Group exercises – SIT



Starting point Cone Marker

