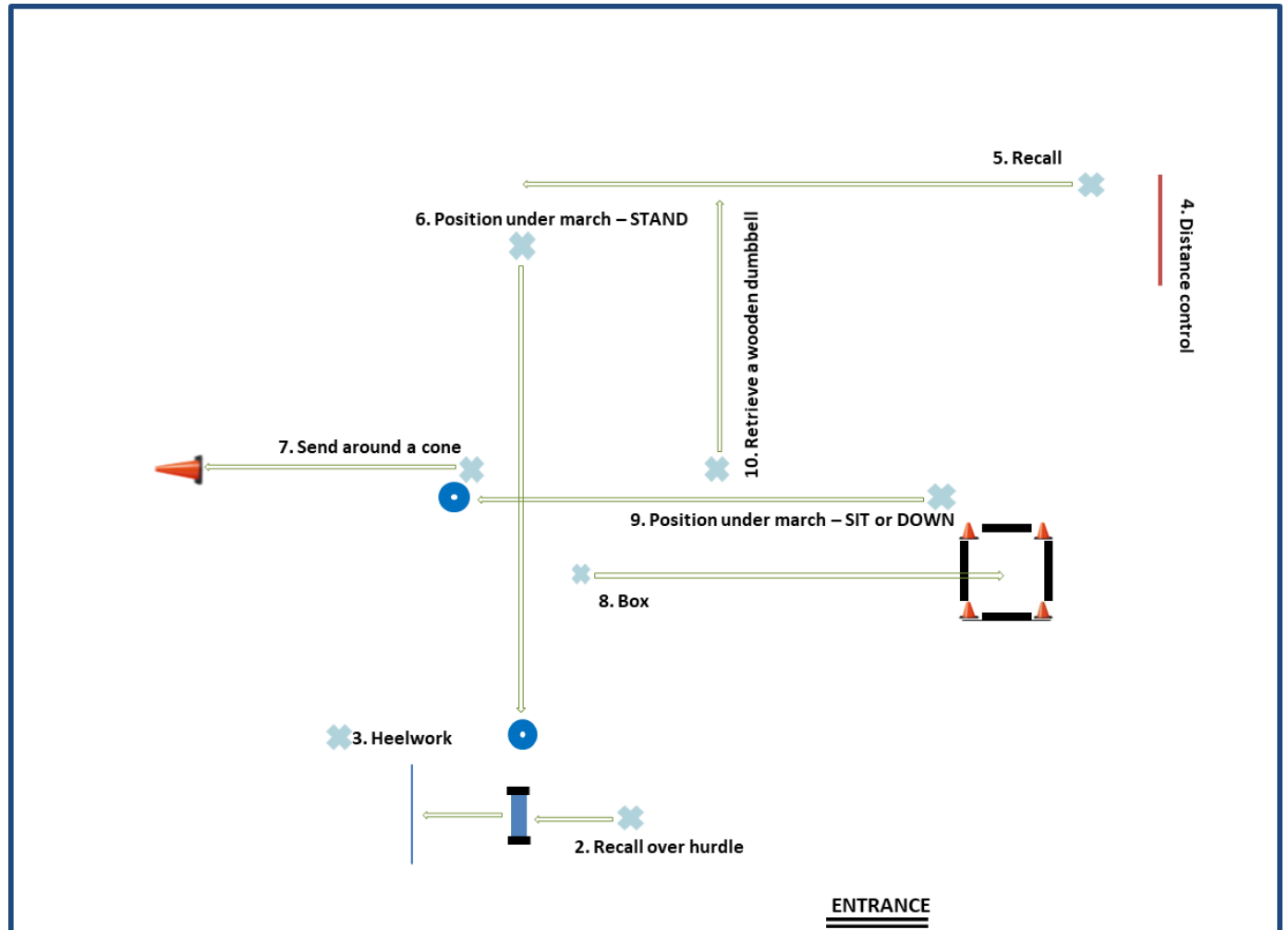


OB1 – Terrain plan Qualifications

Order of exercises:

1. Group exercises – SIT
2. Recall over hurdle
3. Heelwork
4. Distance control
5. Recall
6. Position under march – STAND
7. Send around a cone
8. Box
9. Position under march – SIT/DOWN
10. Retrieve a wooden dumbbell



-  Starting point
-  Cone
-  Marker

OB1 - Heelwork Qualifications

Exercise begins
Normal pace
Right
Left
Stop
Fast pace
Right
Normal pace
About turn
Stop
2 steps back
Normal pace
Left
About turn
Right
Stop
Two steps forward
Normal pace
Stop
Exercise finished

